



Milwaukie Community Center NOVEMBER MENU 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Tamale Pie w/Cornbread Spinach Capri Vegetables Pudding	4 Country Fried Steak w/Gravy Mashed Potatoes Spinach Biscuit Dried Apricots	5 Lasagna Bake Green Beans Garlic Bread Mixed Fruit	6 Ham & Cheese Sand- wich Pasta Salad Carrot Raisin Salad Fruit Cup	7 Chicken Soft Taco Refried Beans Fiesta Corn Orange Juice
10 Chicken Kiev Rice Pilaf Asparagus Roll Applesauce	11 	12 Spaghetti w/Meat Sauce Green Beans Garlic Bread Pineapple	13 Kielbasa Collard Greens Red Lentils Roasted Potatoes Yogurt	14 Grilled Chicken Strips Couscous Spiced Apples Beets Granola Bar
17 Hamburger & Bun Baked Beans Brussel Sprouts Orange Cup	18 Chicken Caesar Salad Croutons Fruit Salad Cucumber Salad Blueberries	19 Linguini w/Pesto Stewed Tomatoes Garlic Bread Pears	20 Vegetarian Chili Broccoli Biscuit Snack Carrots	21 Chicken Breast Brown Rice Spinach Roll Apple Slices
24 Turkey w/Gravy Mashed Potato Stuffing Green Beans Pumpkin Cake	25 Cauliflower & Beef Hash Peas & Carrots Cornbread Mandarin Oranges	26 Egg White Omelet w/ Ham & Cheese Roasted Potatoes Oatmeal w/ Fruit Pudding	27 	28 CENTER CLOSED
Nutrition Program: 503-794-8035	Please call by 9:45 am For Meals on Wheels Cancelations.			Suggested donation is \$4.00 per meal. Your donation for the meal keeps them wheeling.

Milwaukie Center Nutrition Program: 503-794-8035
5440 SE Kellogg Creek Drive, Milwaukie, OR 97222 www.ncprd.org