



MAY 2026 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nutrition Program: 503-794-8035 Please call by 9 :45 am for Meals on Wheels cancelations</p>	<p>The suggested Donation is \$4.00 Which cover a portion of the meals service. Thank you.</p>			<p>1 Hot Dog Baked Beans Tater Tots Oranges</p>
<p>4 Spaghetti w/Meat Sauce Green Beans w/Sweet Peppers Garlic Toast Apple Slices</p>	<p>5 Meatloaf Mashed Potatoes & Gravy Stewed Tomatoes Fruit Cup</p>	<p>6 Baked Cod Quinoa Peas Roasted Potatoes Kale Slaw</p>	<p>7 Belgian Waffle w/Berries Chicken Sausage Oatmeal Yogurt</p>	<p>8 Chicken Enchilada Bake Refried Beans Fiesta Rice Churro Crackers</p>
<p>11 Egg Salad Sandwich 3 Bean Salad Pea Salad Granola Bar</p>	<p>12 Moroccan Chicken Couscous Broccoli & Cauliflower Carrots Apples</p>	<p>13 Tuna Bake Zucchini Roll Pineapple</p>	<p>14 Roasted Pork Braised Cabbage Roasted Potatoes Spiced Apples 3 Bean Salad</p>	<p>15 Fish Filet Sandwich Scandinavian Vegetables Beets Coleslaw</p>
<p>18 Beef & Broccoli Stir fry Rice Baby Corn Spring Rolls Fortune Cookies</p>	<p>19 Salisbury Steak Mashed Potatoes & Gravy Mixed Vegetables Cottage Cheese</p>	<p>20 Baked Potato w/Cheese Vegetarian Chili Broccoli Carrot Raisin Salad</p>	<p>21 Pasta w/Spinach & Marinara Sauce Peas & Carrots Garlic Toast Berry Crunch</p>	<p>22 BBQ Chicken Thigh Baked Beans Sweet Potato Tots Dried Fruit</p>
	<p>26 Baked Salmon Rice Pilaf Asparagus Roll Orange</p>	<p>27 Lasagna Bake Normandy Vegetable Blend Garlic Toast Caesar Salad Slaw</p>	<p>28 Sloppy Joes Tater Tots Peas Fruit Salad</p>	<p>29 Pepperoni Pizza Broccoli Carrots Peaches</p>