Milwaukie Community Center



AUGUST 2025 MENU

Meals on Wheels Delivery 10:30am-1pm

Monday	Tuesday	Wednesday	Thursday	Friday
The suggested donation is \$4.00 which covers a portion of meal services.	Nutrition Program: 503-794-8035 Please call by 9:45 am For Meals on Wheels Cancelations.			1 Chicken Bake w/Cheese Zucchini Garlic Bread Pudding
4 Chicken Chili Cauliflower Cornbread Cookie	5 Sausage & Black Olive Pizza Brussel Sprouts Vegetable Blend Quinoa Salad	6 Roasted Pork Scalloped Potatoes Broccoli Normandy Roll Applesauce	7 Asian Chicken Salad Crackers Spiced Apples Yogurt	8 Roast Beef Sandwich Potato Salad Fruit Salad Snack Carrots
11 Mesquite Chicken Rice Vegetable Blend Baked Beans Juice	12 Biscuit & Sausage Gravy Roasted Potatoes Spinach Carrot & Raisin Salad	13 Kielbasa on a Bun Asparagus Sauerkraut Mixed Fruit	14 Pasta Salad Guacamole Applesauce w/Berries Tortilla Chips	15 Cheese Blintz w/Fruit Chicken Sausage Hash brown Patty Mandarin Oranges
18 Meatloaf w/ Gravy Mashed Potatoes Green Beans Carrots Snack Mix	19 Baked Cod Quinoa Broccoli Roll Blueberries	20 Parmesan Chicken Polenta Edamame Vegetables Garlic Bread Pears	21 Bean & Cheese Burrito Spanish Rice Tomato & Mango Salsa Corn Salad	Fish Sandwich Capri Vegetables Sweet Potato Puffs Apple Slices
25 Beef Taco Beans Corn w/Tomatoes Granola Bar	26 Salmon Couscous Stewed Tomatoes Steamed Cabbage Berries	27 Chicken Patty on Bun French Fries Peas Mixed Fruit	28 Pineapple Chicken Teriyaki Rice Sweet Potato Onions & Peppers Coconut Cream Pudding	29 Country Bake Spiced Apples Collard Greens Coleslaw