


# YOUTH SPORTS

Youth sports offer a wealth of benefits for children, including improved physical fitness, enhanced confidence, the development of valuable life skills, and the opportunity to make new friends.



## ADAPTIVE & INCLUSIVE

### SHOOTING STARS BASKETBALL LEAGUE

*Ages 5+.* Shooting Stars Basketball is for players with additional needs and disabilities. Athletes participate in fun basketball activities, social time, and skill building in a supportive and positive environment. Big Dippers (ages 12 & older) have an optional Monday night practice and Saturday game. Little Dippers (ages 5-14) have a Saturday practice followed by a game. Saturday, Mar. 13 is the end of season celebration. All athletes receive a jersey.

Location: Concord Community Center

**Little Dippers:**
Fee: NCPRD, $154; non-resident, $193
Time/Date: Varies Sa
**WINTER:** 1/23-3/13

**Big Dippers:**
Fee: NCPRD, $165; non-resident, $206
Time/Date: Varies Sa/M (optional practice)
**WINTER:** 1/23-3/13

### ADAPTIVE AND INCLUSIVE FLAG FOOTBALL

*Ages 8+.* Let's play some flag football! This coed team, developed for individuals with disabilities and additional needs, teaches fundamental skills in a non-tackle approach to football emphasizing participation, fun, and good sportsmanship. Drills will be tailored to meet participants' abilities. Participants are divided into teams based on their age group; ages 8-14, and 15 and up. The first two Sundays are practices, each Sunday thereafter includes a practice followed by a game, allowing participants to immediately implement skills learned. A team t-shirt is included with registration.

Location: Alder Creek Middle School
Fee: NCPRD, $165; non-resident, $206
Time/Date: 12:30-2 p.m. Su
**SPRING:** 4/11-6/13 (No program date 5/9, 5/30)

# BASKETBALL



## HOOPERS BASKETBALL LEAGUE

*Grades K-12.* The NCPRD Hoopers Basketball program emphasizes age-appropriate skill development and teaches fundamental techniques, while encouraging teamwork and sportsmanship in a positive learning environment. No practices/games Dec. 21-Jan. 3 and Feb. 14.

Location: North Clackamas School District Gyms & Concord Community Center

### KINDERGARTEN, GRADE 1

The first two weeks are practice only with the remaining weeks including a shortened practice followed by a game.

Fee: NCPRD, $128; non-resident, $164
**LATE WINTER:** Su 1/24-3/14

### GRADE 2

The first two weeks are practice only with the remaining weeks including a shortened practice followed by a game.

Fee: NCPRD, $128; non-resident, $164
**EARLY WINTER:** Sa 11/14-1/23

### GRADE 3,4

Teams are assigned one, 1-hour weeknight practice. Practice begins the week of Nov. 9. Games are on Saturdays and begin Dec. 5.

Fee: NCPRD, $144; non-resident, $180
**EARLY WINTER:** 11/9-1/23

### GRADES 5, 6, 7/8

Teams are assigned two, 1-hour weeknight practices. Practice begins the week of Jan. 25. Games are on Saturdays and begin Feb. 6.

Fee: NCPRD, $154; non-resident, $193
**LATE WINTER:** 1/25-3/13

### GRADES 9-12

Teams are assigned one, 75-minute weeknight practice. Practice begins the week of Nov. 30. Games are on Sundays and begin Dec. 13.

Fee: NCPRD, $188; non-resident, $235
**EARLY WINTER:** 11/30-1/31

## HOOPERS BASKETBALL REFEREE

***Join our team!*** NCPRD is seeking referees for Hoopers Basketball League grades 3-8. Games are Saturdays, Dec. 5-Mar. 13. No referee experience necessary, paid training provided! Applicants must be at least 15 years old. If interested, complete information is available at **ncprdsports.com**. Contact Josh Brandl at **jbrandl@ncprd.org** with questions.

## PRE-KINDERGARTEN BASKETBALL

*Ages 3-5.* Together, parents and children experience how fun basketball can be! Learn new skills like dribbling, passing, shooting, running, and agility.

Location: Concord Community Center
Fee: NCPRD, $115; non-resident, $144
Time/Date: 10-11 a.m. W
5-6 p.m. W
6-7 p.m. W
**WINTER:** 1/27-3/3

## BEGINNER BASKETBALL CLINIC

*Grades K-2.* Improve ball handling, passing, and shooting. Staff will lead players through drills and games to develop basketball skills and learn rules of the game.

Location: Concord Community Center
Fee: NCPRD, $90; non-resident, $115
Time/Date: 9:30-10:30 a.m. Sa
**SPRING:** 4/3-5/8

## COED BASKETBALL CLINICS

*Grades 3-6.* Hit the court to develop and improve fundamentals, including ball handling, shooting techniques, and defensive skills. Coaches will lead players through a variety of drills and exciting games. Clinics are open to all skill levels.

Location: Concord Community Center
Fee: NCPRD, $105; non-resident, $131

### GRADES 3-4 (Coed)

Time/Date: 5:30-6:45 p.m. Tu
**SPRING:** 3/30-5/18

### GRADES 5-6 (Coed)

Time/Date: 7-8:15 p.m. Tu
**SPRING:** 3/30-5/18

## GIRLS BASKETBALL CLINIC

*Grades 3-8.* Our clinics are designed to help young athletes develop and improve basketball fundamentals, including ball handling, shooting techniques, and defensive skills. Through a variety of fun drills and exciting games, players will build their confidence and skill set in a friendly and supportive environment. Whether a beginner or a seasoned player, everyone is welcome to join the game.

Location: Concord Community Center
Fee: NCPRD, $105; non-resident, $131

### GRADES 3-5 (Girls)

Time/Date: 5:30-6:45 p.m. Th
**SPRING:** 4/1-5/20

### GRADES 6-8 (Girls)

Time/Date: 7-8:15 p.m. Th
**SPRING:** 4/1-5/20

# OUTDOORS & NATURE



### ENGLISH RIDING – BEGINNER 1

*Ages 8+.* Ideal class for beginners. Learn basic horsemanship skills, including riding, horse care, and equipment usage. Indoor riding arena used in poor weather conditions. Boots or hard-soled shoes must be worn and riding helmets are provided. Parents are welcome to sign up and join in the fun with their child for a memorable and engaging experience together.

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|---|---|---|
| Location: | Highland Stables | |
| Fee: | NCPRD, $200; non-resident, $225 | |
| Time/Date: | 5-6 p.m. | W |
| **WINTER:** | 1/20-2/10 | |
| | 2/17-3/10 | |
| **SPRING:** | 3/31-4/21 | |
| | 4/28-5/19 | |
| Time/Date: | 5-6 p.m. | F |
| **WINTER:** | 1/22-2/12 | |
| | 2/19-3/12 | |
| **SPRING:** | 4/2-4/23 | |
| | 4/30-5/21 | |
| Time/Date: | 8-9 a.m. | Sa |
| | 9-10 a.m. | Sa |
| **WINTER:** | 1/23-2/13 | |
| | 2/20-3/13 | |
| **SPRING:** | 4/3-4/24 | |
| | 5/1-5/22 | |

### ENGLISH RIDING – BEGINNER 2

*Ages 10+.* For riders who have taken the beginner riding lesson and can walk and trot without help. Indoor riding arena used in poor weather conditions. Boots or hard-soled shoes must be worn and riding helmets are provided.

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|---|---|---|
| Location: | Highland Stables | |
| Fee: | NCPRD, $200; non-resident, $225 | |
| Time/Date: | 6-7 p.m. | W |
| **WINTER:** | 1/20-2/10 | |
| | 2/17-3/10 | |
| **SPRING:** | 3/31-4/21 | |
| | 4/28-5/19 | |
| Time/Date: | 6-7 p.m. | F |
| **WINTER:** | 1/22-2/12 | |
| | 2/19-3/12 | |
| **SPRING:** | 4/2-4/23 | |
| | 4/30-5/21 | |

# SOCCER

### PRE-KINDERGARTEN SOCCER

*Ages 3-5.* A great introduction to soccer. Parents and children will learn soccer fundamentals (dribbling, passing, shooting, ball control) while children develop motor skills. Early registration discount is available through Sunday, 2/21.

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|---|---|---|
| Location: | Concord Community Center | |
| Fee: | NCPRD, $115; non-resident, $144 | |
| Time/Date: | 10-11 a.m. | W |
| | 5-6 p.m. | W |
| | 6-7 p.m. | W |
| **SPRING:** | 4/14-5/19 | |

## REGISTRATION OPENS

**WINTER:**

NCPRD residents on **Dec. 1 at noon**
and non-residents on **Dec. 8 at noon**

**SPRING:**

NCPRD residents on **Feb. 2 at noon**
and non-residents on **Feb. 9 at noon**

